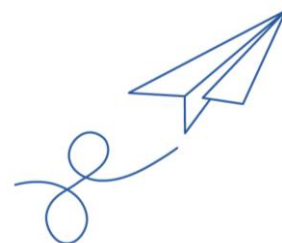


## Afternoon Clubs 2020/2021

	<p><b>Active Club (3+)</b>  <b>Teacher: Boris Milovanov</b>  <b>Language: German, English</b></p> <p>The Active Club is focused on physical activities and the basics of various sports, but the children will also learn about correct breathing techniques, meditation, the basics of endurance training and more. The club will take place either outside or in the kindergarten gym, depending on the weather. The children will develop various movement skills, learn how to follow instructions better, and learn how to work and succeed in stressful situations. They will get to know their own bodies better. This club can help your child learn how to use their energy (which children have tons of!) in a productive and positive way.</p>
	<p><b>Ballet (4+)</b>  <b>Teacher: Rosa Olympia Estrella</b>  <b>Language: English</b></p> <p>The ballet classes will be provided by Rosa Olympia Estrella Dance &amp; Movement Studio, one of the best of its kind in Prague. Rosa, the founder of the studio, is a professional dancer, choreographer, and dance teacher for over 25 years. The children in her club will be introduced to dancing and will learn the basics of ballet in a natural and fun way. The lessons focus mainly on correct posture, coordination, balance and motor skill training, development of musical feeling (rhythm, beat, emotion), basic ballet positions, elements and their combinations.</p>



### Art Studio (4+)

**Teacher: Jiřina Neudřřlová**

**Language: Czech**

Fine art accompanies children practically from the moment they begin to perceive the world. They love to experiment, explore, and create from available materials. In the course of Art Studio activities, the children get the chance to express themselves and develop their creativity by using ordinary items in an extraordinary way. Our goal is to acquaint children with the widest range of traditional and non-traditional art techniques, to develop fine motor skills, imagination and aesthetic sensibilities.



### Little Scientists (3+)

**Teacher: Berukrouřky centre**

**Language: English**

Little Scientists is a club for curious children from 3 years old, which reveals the world of physical, chemical and biological rules. Through trial and error, games and experiments, the children learn about the world around them, they learn to understand why and how things happen, and they discover why working with mistakes is the basis for understanding new things. Teaching about chemical reactions and the laws of physics is presented in an understandable way, and children absorb the knowledge, supported by visual effects, with incredible ease. The program will be led by a trained instructor from the Berukrouřky centre.



### Outdoor Club (3+)

**Teacher: Boris Milovanov**

**Language: German/English**

The goal of the Outdoor Club is to support the children's relationship towards nature through outdoor activities, while at the same time, developing their language skills. The club will be led primarily in German, but English will also be used. During the Outdoor Club, the children will spend time outside during all seasons, focusing on activities such as gardening, outdoor crafts, nature exploration, physical and survival skills, sport and caring for nature. The aim is to reconnect the children to the outdoors while gaining new skills and knowledge.





### Mini Mathematicians (3+)

**Teacher: Yana Skalicka**

**Language: English**

The Mini Mathematicians club will show the children that math is a big adventure, and it is fun. Through the use of all their senses and various activities, they will build the basics of logic and mathematical thinking, which are key skills for a successful start in life. They will learn about shapes, positions and amounts. They will learn to perceive connections and sequence, space, to distinguish between the important and the unsubstantial, to understand numbers and much more, which will enable them to succeed and to solve every mathematical problem.



### Lego Engineers (4+)

**Teacher: Kiddum Exploration Centre for Kids**

**Language: English**

The Lego Engineer club is a LEGO Education programme designed for children from 4 years old. Through special LEGO Education sets, the children have the chance to encounter sprockets and simple mechanisms for the first time.

They will begin to examine the principles of simple machines and instruments, and experiment with force, balance or gears. During this course, the children will explore such areas as science, math, technology, design, space...

In addition, the kids learn to develop their technical skills, creative thinking, fine motor skills, language expression skills, problem-solving skills and cooperation.

This programme is led by a trained LEGO Education instructor from the Kiddum Exploration Centre.



### Spanish Club (3+)

**Teacher: Yana Skalicka**

**Language: Spanish, English**

The knowledge of languages is one of the most important tools a person can have. The best way to learn a foreign language is to have fun during the learning process.

In the Spanish club, the children will sing, dance, cook, play group games, learn traditional music-movement activities and do crafts. All this in a very easy and natural way, so the children can experience joy, and satisfaction from their progress.



### Music and Dance Club (3+)

**Teacher: to be decided**

**Language: Czech**

Moving to music is a favourite activity of children from the youngest age.

In the Music and Dance Club, the children will sing, dance, exercise and learn to perceive music. They will learn favourite Czech and English songs, learn a number of dances, experience storytelling games and fun exercises. They will learn to play basic rhythmical musical instruments and to cooperate as a music group.

The goal of the club is to develop a positive relationship towards music and movement, a feel for rhythm, creativity and the perception of the world. There will be no shortage of fun and enjoyment.